

Books and Reading well-being for people with Alzheimers



Share a specially designed picture book

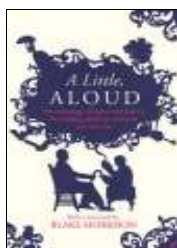
Pictures to Share books are available in the Alzheimers section at Central Library

They encourage meaningful communication and provide real enjoyment so improving the quality of life.

Read aloud short stories or poems together

“The read aloud model allows people to listen to a story or poem, join in with reading and talking, and also simply to have the space and time to relax, to think and to be. “

Get Into Reading



A Little, Aloud: an anthology of prose and poetry for reading aloud to someone you care for

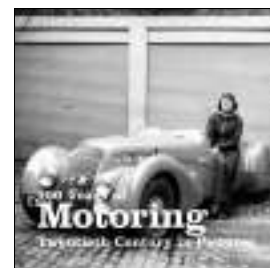
by Angela MacMillan & Mary Lundquist.

Available from larger libraries

Reminiscence through Photographs

For those whose dementia is in the earlier stages, why not share the memories using one of our visual history books.

- *Twentieth Century in Pictures* series
- *Britain in Pictures* series



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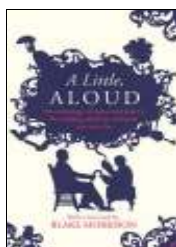
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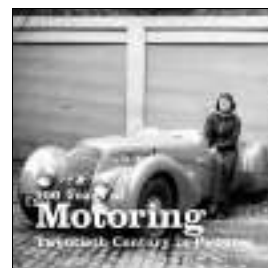
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