

Vivacity



Stay strong this summer!



Take part in our **August gym challenge**

August is peak holiday season and it can be hard to keep your fitness motivation levels up, so we're challenging you to keep ticking off those fitness sessions! Collect a calendar sheet from reception and tick off as many dates as you can during the month to be in with a chance of winning our exclusive 'Gym Star' t-shirt.

Visit vivacity.org

