



- Closed/Staff Training
- Open Swim
- Lane Swimming
- Family Fun
- Swim Academy/School lessons
- Ducklings (Parents & under 5s)
- Aqua Fit®/Aqua Zumba® Classes
- Adults 14+

Correct as of May 2019.
Times and sessions may be subject to change.

Pool timetable

6am 7am 8am 9am 10am 11am 12noon 1pm 2pm 3pm 4pm 5pm 6pm 7pm 8pm 9pm 10pm

