

CLASS TIMETABLE

MONDAY

Time	Class	Room	Instructor
18.00 - 18.45	Studio Cycling	Community	Karen

TUESDAY

Time	Class	Room	Instructor
18.15 - 19.00	Fit Steps	Drama	Natalie
19.30 - 20.30	Pilates	Dance	Dave

WEDNESDAY

Time	Class	Room	Instructor
17.30 - 18.30	Yoga	Dance	Laura
19.15 - 20.00	Studio Cycling	Community	Karen

THURSDAY

Time	Class	Room	Instructor
19.30 - 20.30	Pilates	Dance	Dave

FRIDAY

Time	Class	Room	Instructor
18.00 - 19.00	Zumba	Drama	Rebecca

SATURDAY

Time	Class	Room	Instructor
10.30 - 11.30	Yoga	Dance	Laura

SUNDAY

Time	Class	Room	Instructor
11.30 - 12.00	Bootcamp	Drama	Vikki